**SAMPLE SOCIAL POSTS**

**Tag us in your tweet using @SilverSundayUK and we will retweet you.**

**Consider tagging other local organisations who work with older people such as your local council, housing associations and voluntary and community partners.**

Come along for free to [venue] to enjoy [insert event details], and try something new #SilverSundayUK [insert hyperlink]  
  
Try something new on #SilverSundayUK, 1 Oct. Book now [insert hyperlink]

Book your free place at our free [insert event name] #SilverSundayUK event on 1 Oct [insert hyperlink]

Bookings now being taken for our free #SilverSundayUK event on 1 October. Don’t miss out [insert hyperlink]

We’re supporting #SilverSundayUK on1 Oct – join us at [insert event name] [insert hyperlink]

Free #SilverSundayUK event for older people on 1 Oct. Let an older relative or neighbour know [insert event name]

Bookings now open for our free #SilverSundayUK [insert event name]. Don’t miss out [insert event name]

Let an older relative, neighbour or friend know about #SilverSundayUK on 1 Oct & book now [insert hyperlink]

Try something new and meet new people on 1 Oct at [insert event name] [insert hyperlink]

Just over a week to #SilverSundayUK. Come along to [insert event] with an older neighbour or relative to help tackle loneliness

Try something new for free on 1 Oct with #SilverSundayUK for older people and carers silversunday.org.uk

Just over a week to #SilverSundayUK. Bring along an older neighbour or relative and help tackle loneliness [insert hyperlink]

We’re getting ready for our free event for #SilverSundayUK this weekend! Book now at [insert hyperlink]

Only two days to go until #SilverSundayUK! Come to [event venue] this Sunday to celebrate [insert hyperlink]

This weekend we’re celebrating #SilverSundayUK with [insert event details], Come join us! [Insert hyperlink]